

OTHER

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the Douglas college student newspaper since 1976  
Issue 15, Vol 35, January 12/08

# How Winter Sports Can



# Green

page 19

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# The Other Press

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## THE OTHER PRESS

Student Newspaper of  
Douglas College

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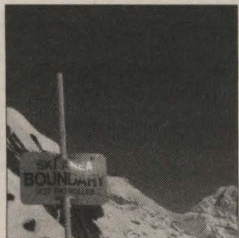
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January 12, 2009

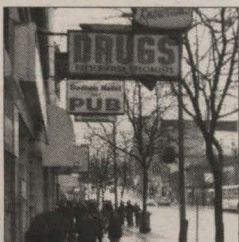
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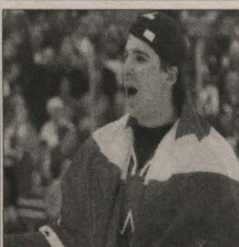
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## WRITE FOR US !

**Anyone can get published in the Other Press!** Just email your story to the appropriate section editor from the list on the right.

Please send your file as an MS Word doc file, and include your full name, email address, and word count.

The weekly deadline for submissions is Wednesday night for publication the following Monday. Letters to the Editor and "time-sensitive" articles (weekend news, sports, and cultural reviews) will be accepted until Saturday at noon and can be submitted to the editor at editor@theotherpress.ca

Submissions will be edited for clarity and style.

The Other Press will pay \$50 to any student who writes an article of at least 1,000 words for the "features" section. Submit story ideas to the Editor in Chief. Offer good once per semester per student.

The Other Press holds weekly staff meetings at 6 PM on Mondays in room 1020 of the New Westminster campus. All interested students are welcome.

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## WHO WE ARE

The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. Today we are registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by and from our staff. Our head office is located in the New Westminster campus.

The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student levy collected through tuition fees every semester

at registration, and from local and national advertising revenue. The Other Press is a member of the Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.

The Other Press reserves the right to choose what we will publish, and we will not publish material that is hateful, obscene, or condones or promotes illegal activities. Submissions may be edited for clarity and brevity if necessary. All images used are copyright to their respective owners.



# LETTITOR

*Shit is deep on the block and you got me locked down  
In this cold, cold world...*  
— *The GZA, "Cold World"*

## Vancouver, je t'aime

The tyranny of distance keeps us apart, dear readers. I'm currently many miles away from Douglas College, many miles from my loved ones and many miles away from my beloved home.

What's worse, I'm in a place that pretty much is hell frozen over; I'm in Saskatoon, a city that is making me never want to leave Vancouver again in my life. This is a city that really has no business existing in the winter, but sadly, it does. It's a rough place, especially with selling points like these:

**THE WEATHER:** let's start with the obvious. If you're a West Coaster born and raised like me, you've probably never experienced anything like this, and you're probably completely unprepared for it, too. This week in Saskatchewan, there was a day when the temperature got as low as -50°C. vHow is that even possible outside of a science lab? And when the temperature gets that low, it does messed up things to you. For example, have you ever felt the boogers in your nose freeze? It's not only horribly uncomfortable, but it makes you so self-conscious because you keep thinking you've got something hanging out of there. And it's a dry cold, too, so your skin dries out to the point where it cracks and bleeds, and you don't really get snow, just the odd dusting. It puts a cramp on the night life, too (fun fact: despite what you may think, Saskatoon actually has a pretty happening scene at night; when I came here, I figured I might be able to "cut loose" at Boston Pizza at best), because it's hard to look your best when you're wearing about three sweaters, and your dancing shoes are heavy boots that construction workers in Fort McMurray might wear. Not classy.

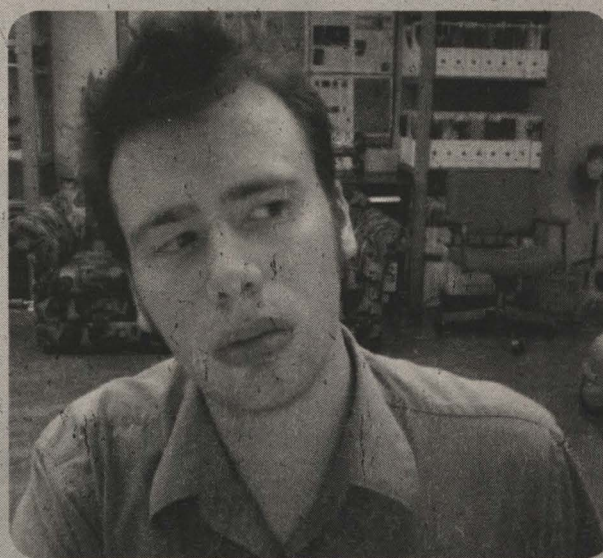
**THE DRIVERS:** in Saskatoon, pedestrians aren't so much guided by walking signals, but dared. Yes, pedestrians have the right of way, but that doesn't stop Saskatoon drivers from outright mugging you for that right. It doesn't matter if there're signs everywhere that tell drivers not to turn left or not to turn right on a red, because to these drivers, they're not so much legal commands, but just helpful suggestions. There was a time when I thought that the drivers were the biggest idiots in Saskatoon, but then again, there's always...

**ROUGHRIDERS FANS:** these are the biggest idiots in the city. The classless boors who call themselves fans of the Saskatchewan Roughriders are pretty much the bane of my existence, but at the same time, they do inspire a little bit of sympathy and pity. After all, the sports shops in Saskatoon are filled up completely with Riders gear celebrating their Grey Cup victory... in 2007. The Riders didn't even make an appearance in the 2008 Grey Cup game, so maybe you should stop calling yourselves Grey Cup champs. Forget "Bomb, Bomb, Bomb Iran," the real nation we should be bombing is Riders Nation.

**THE WEED:** okay, I'm not going to say I purchase weed or anything; that would be illegal, and it supports terrorism and puts hair on your palms... or, so I hear. However, I have a good "friend" who paid \$30 for a bag of Saskatoon's finest chronic, and needless to say, my "friend" was severely disappointed. But he's West Coast like me, so maybe he's spoiled; if he were to buy a bag at that price in Vancouver, he would get a fair-sized bag of good-looking, healthy green-coloured, sticky-icky bud, not a damp-feeling, orangey-brown bag of bullshit in a bag so skimpy that you think the guy selling is playing a joke on you. Rather, the dealer was playing a joke on your "friend."

As soon as I return to B.C., I'm not sure I will ever leave again. I feel like an ingrate for how I've taken our habitat on the coast for granted, but never again; Vancouver, I love you.

Your friend in high fidelity,  
**Liam Britten**  
Editor-in-Chief  
The Other Press



**Write for the Other Press!**



# Environmental group accuses B.C. government of misleading public

Matthew Steinbach  
news editor



The Valhalla Wilderness Watch recently accused the B.C. Government of misleading the public on its recent announcement to protect the caribou.

The announcement came in March of 2008; however, the group alleges that the government actually enabled other species to be targeted within the same timeframe by allowing for longer hunting seasons for wolves, black bears, and even cougars.

In a recent press release, the organization explains that, "Secretly, the government began trapping wolves at the taxpayer's expense... this was not uncovered until [a dog] stepped into wolf traps set by the Ministry of Environment as part of the mountain caribou

program. The traps crushed two of [the dog's] legs."

Wilderness Watch is disappointed in the government because they do not believe that removing animals other than the caribou will actually solve the current predicament in the Creston area that wildlife find themselves in. They believe that the hunt against the caribou's predators will remove the animals that help keep other animal populations in check. This could result in the starvation of many more animals after they have depleted local food sources.

Recently, the B.C. government has been implementing more environmental and other controls, such as the carbon taxes, to concede with public pressure. With an upcoming election, many of these issues will more than likely play out in the coming months.



## Don't go out of bounds

By Ashley Whillans, Associate News Editor

As we've seen and heard from various news reports in the last few weeks, going out of bounds on the ski resort can be very dangerous. Take the eight snowmobilers from Sparwood who died when venturing into rough terrain otherwise known as "The Backcountry" and were faced with an unstoppable avalanche.

Chris Dagenais, the communications co-ordinator from Grouse Mountain, was able to discuss with *The Other Press* the individual implications of snowboarding, skiing, or snowmobiling out of bounds.

"To go out of a controlled area is not only putting your own life at risk, it's putting the lives of those who have to come after you at risk as well," says Dagenais. "It is also extremely selfish."

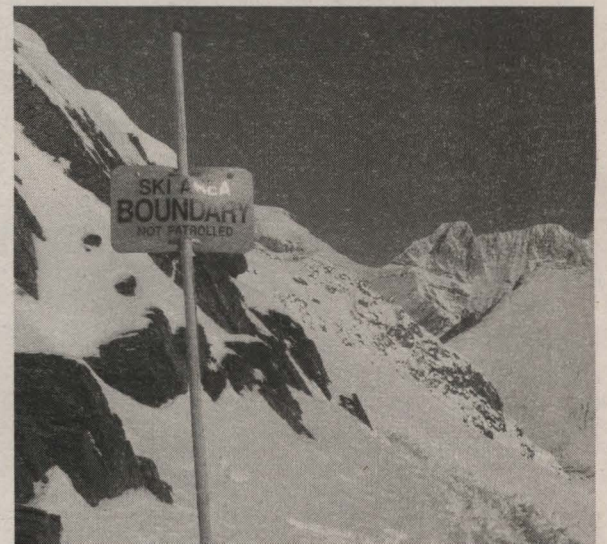
Dagenais mentions that not only will you endanger the lives of yourself and of the rescuers, but you might

also face severe fines and penalties if you are caught going out of bounds. Last week, three boarders and one skier were rescued from the backcountry at Grouse Mountain and were given a bill for their rescue as well as a lifetime ban from the resort.

According to the Canadian Avalanche Centre's Website, the avalanche risks are high and the "conditions are inappropriate for backcountry travel without extensive avalanche training and experience."

Don't travel out of bounds, but if you do, be prepared. Tell others where you are going, dress warmly and be ready to face serious charges if you are caught.

For more information, contact Grouse Mountain at [education@grousemountain.com](mailto:education@grousemountain.com).



## Seal hunt to be more humane

By Matthew Steinbach

The often-controversial seal hunt just saw some recent changes to its protocols. No longer can seal hunters begin skinning the animals right away after having killed them; they must now ensure that the animals are dead.

According to CBC.ca, the changes were made in light of a recent ban in the European Union in which seal products purchases could have been halted in Europe without the proposed changes to make the hunt more humane.

Given the size of the European market, it's clear that Canada could not refuse their demands without seriously impacting sealers monetarily within Canada as they would have lost access to all markets within the European Union.

However, CBC.ca reported that this has done little to appease animal rights activists who have been fighting an uphill battle for the last several years to end what they see as the inhumane clubbing and skinning of seals.

Maritimers have often claimed that the hunt is

needed to keep other animal populations in check. Before they started the hunt back again in recent years, there were not many predators to prey on the animals.

But, there is also a financial benefit to the area since the highly successful cod industry on the East Coast had dried up around the same time the seal hunt was brought back. This left many out of work, especially in Newfoundland. The seal hunt helped to reallocate many of the Maritime province's citizens in that area into this new industry. However, this also was the beginning of the continual feud between people in the area and animal rights activists.





## NEWS SHORTS

Matthew Steinbach and Ashley Whillans

### Coquitlam issues fines for ungroomed sidewalks

There's no doubt about it, shoveling sucks. However, with the City of Coquitlam fining citizens up to \$75 for ungroomed sidewalks, it is well worth the effort.

Last week, Coquitlam staff began handing out tickets to houses along school routes and sent out auxiliary staff reminding residents to clear their sidewalks, or face paying a ticket.

The specific bylaw is usually enforced on a complaint basis, so until now, Coquitlam has sent letters to offending properties and if a second complaint is received, then the \$75 ticket is issued.

Coquitlam staff are also issuing tickets and towing cars that have been abandoned in snow banks because vehicles left in the snow prevent plows from doing their job, and can put emergency services at risk.

### From snow to ice

Sure, we all know the *weather out there is frightful* but it seems to have gone from bad to worse as the predicted melting of the winter wonderland has indeed occurred, leaving ice in its wake at night.

Students should take all the necessary precautions, especially at the New Westminster Campus where one bad skid could send them flying down the Eighth Street hill and perhaps even into the recently-battered Salvation Army store.

## Douglas College Wrap-Up

Matthew Steinbach and Ashley Whillans



### ● Library-to-library fundraising results

According to Douglas College, the Library-to-Library fundraiser that took place before Christmas was a success, raising over \$1500 for the society from book sales, collections and personal donations. All money raised will help fund community libraries in Uganda.

### ● Clear your clutter

Douglas College is now accepting books, CDs, VHS tapes, DVDs and magazines for their annual book sale happening at the New Westminster Campus in early March.

Students are asked to drop off donations in front of the performing arts office in room 3308A at the New Westminster Campus, or send them through intercampus mail to the Event office in room 3322, New Westminster Campus.

### ● New exhibit at gallery

Starting in January, local artist Katherine Freund-Hainsworth's exhibit *Fish* will be featured at the Amelia Douglas Gallery at Douglas College's New West Campus.

*Fish* is a paper and digital mixed media project involving the subject matter of, well, fish of course.

"In this exhibition, Katherine tells the stories of fish through a variety of imagery. For example, she utilizes everyday historical moments, people and objects that involve and surround fish, the river and the sea," said a statement from the artist.

The exhibit features other works from artists Joan Barnet, Tim Nugent, and Hsiao Chen and runs from January 8<sup>th</sup> to February 26<sup>th</sup>.

### ● Week of Welcome gets off with a hitch

Douglas College's Week of Welcome did occur last week despite heavy snowfall forcing the school to close both campuses down. They merely pushed back many of their expected events.

When asked why these events could simply be put off, Kyle Baillie, manager for the Office of New Students, explained that this was not the "same as the September orientation," but rather "this is smaller." Thus, it was easier to push back. Hence, the mislabeled event calendars and other related materials.



# Profanity insanity

By Leah Giesbrecht

It happens all the time. You're standing in line at the bookstore or sitting on the SkyTrain and the person behind you, on their cell phone, or talking to a friend, drops the f-bomb every second word. No big deal, right? Profanity is now an accepted part of pop culture, music and entertainment. People use it all the time and words once labelled "obscene" and "vulgar" are so commonplace as to be almost meaningless.

Wrong. Think before unleashing that blue streak, I say. Profane words have more weight, more emotional effect, more cultural and/or sexual force than you might think. Before using them, some thought should be given to the effect these words will have—on what's being said or to whom might be offended or hurt, especially when in a public place. Acknowledge that other people most certainly have different values and ideas about what is offensive.

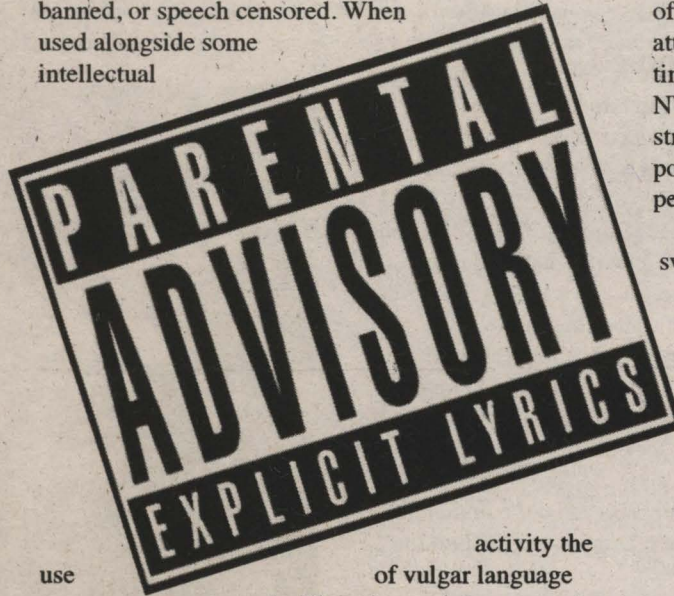
Take the example of Kenneth Tynan, the man recognized as being the first person to say "fuck" on British TV. On the program *BBC3*, the writer and theatre critic stated that "I doubt if there are any rational people to whom 'fuck' would be particularly diabolical, revolting or totally forbidden."

Apparently not.

The public outrage this statement produced forced the BBC to issue an apology for Tynan's words. Yes, this incident happened in 1965 and times

have changed, but not *that* much. There will always be people who are offended by what others consider harmless language.

I'm not saying profanity should be banned, or speech censored. When used alongside some intellectual



activity the use can of vulgar language be liberating and draw attention to aspects of society that need to be changed. D. H. Lawrence produced public outrage with the publication of his novel, *Lady Chatterley's Lover*. In it, the word "fuck" is used about 30 times over the span

of 300 plus pages. I'd argue that Lawrence considered the effect of the word "fuck" every time he used it, and in so doing, used it thoughtfully and judiciously. The use of the word emphasizes the intensity and liberation of Lady Chatterley's sexual awakening. It also drew attention to women's sexuality in general during a time when the subject was suppressed. Similarly, NWA's song "Fuck Tha Police" used profanity to add strength and force to a song protesting racism and police brutality. The song and its title forced more people to confront the reality of racism in America.

Like Lawrence and NWA, if you're going to swear, be smart about it.

# More shelter space won't solve homelessness



Nikolas Kryzanowski  
opinions editor

You can lead a horse to water... You know the rest of the adage, and we learned during these harsh winter conditions that it holds true when it comes to the tragedy of homelessness in the Lower Mainland.

Constantly, during the NPA years of local government, there was a call by activist groups for more money and more shelter beds to be opened in the area to offer a refuge for street people.

As soon as new mayor Gregor Robertson took over the keys to city hall he promised—flatly, to end homelessness.

This winter's heartbreaking tragedy of the burning death of a homeless woman by the name of "Tracey," illustrates that simply opening beds is not the answer. On that cold night in December, a cardboard box she was sleeping in caught fire from a candle she was using to keep warm. Apparently, over the course of that evening, several citizens and several police officers tried to help her by attempting to coax her into a shelter. She refused.

An editorial released immediately after the incident by a writer for the *Vancouver Sun*, Daphne Bramham, suggested that we ought to be ashamed; that living in one of the most affluent cities in North America we as Vancouverites "let" this happen.

As sad as this tragedy is, I will not shoulder one ounce of blame. Short of instituting better vagrancy laws that would allow police to forcibly bring the homeless indoors on a cold night, people are left alone, as they should be. I get angered by knee-jerk, usually left-leaning finger pointers, who cannot see that people are responsible for their own decisions. However, I will agree that those who cannot make their own decisions must have decisions made for them. The mentally ill on the street must be treated like children in this respect.

According to Bramham, when a homeless man ran into a coffee shop yelling for help he was ignored. Did she ever stop to think that coffee shop patrons are not the heartless demons she implies? That maybe this shop had simply become accustomed to the ravings of unsavoury types in the neighbourhood and thought, perhaps logically, that this was another case of that? Perhaps "wolf" had been cried many times before. It doesn't necessarily mean they don't care.

Again Bramham shows a lack of critical thought when she suggests that "Tracey" probably didn't go to the shelter because she would've been required to leave her cart outside. First of all, the homeless don't actually own these grocery carts and they could be considered stolen property. Grocery stores pay hundreds,

even thousands of dollars for these carts only to have them swiped, so cart "ownership" can be immediately called into question here, and rightfully belong back at the grocery store from where they were taken. Secondly, carts take up an incredible amount of space. A shelter's priority, rightfully, ought to be people, not possessions.

Another point about the shelters is that they are often infested with bedbugs, crackheads and thieves. I hate to say this, but I'm not sure that sleeping in a urine soaked alley strewn with garbage is any better than bedbugs, while crackheads and thieves exist in larger numbers outside the shelters than inside. The solution to this tragedy, according to Bramham is to simply throw more money at beds, more housing, while ignoring the point illustrated by the horrific case—that just because the space is there, doesn't mean that it will be utilized.





## Cinematic adventures gone wrong By Priscilla Bartleman

I'm not usually a ranting person *but...* I just went to see *Unborn*, and sadly, I did not have the cinematic adventure I was hoping for because of the other people in the audience. I expect to have some noisy groups but this bunch was over the top.

To start, we made the mistake of going on a Friday. We usually wait until a Sunday to see a newly released movie but we were bored and had just moved to a new place behind Metrotown now, so it was oh so tempting. We bought our tickets nice and early, went for a bite to eat and when we got back to the theatre it was packed. This was fine; no complaints there, until we noticed there were people saving seats for more than two people. Some people had five seats saved and I think that is unfair.

People that are in the theatre early should get the first choice of seats. I mean, if someone is getting food or going to the bathroom, I understand, but some of these people were bringing tickets outside to people who did not show up yet. I am not the only one who thought this at the theatre. I saw a girl standing in the row looking at the obscene amount of coats on chairs. That wasn't the only thing that bothered me that night; there was also the boy sitting beside me text messaging. People should turn off their phone for the two hours they are in the theatre. If they cannot do that, then they have a serious problem and need to seek help with "Txtmsg Anonymous!"

I'll admit I am guilty of being a talker to the screen, so I am not completely innocent here. I apologized to Text Boy beside me when I suggested the heroine needed to eat a sandwich, but that is beside the point.

You know what really ruined the movie for me? It was the laughing. These people were laughing at the oddest things, things that really were not funny, things that could have set the mood for a creepy movie but were ruined by laughter. I am not saying this was a particularly scary movie but I would like to get into it enough to feel some goose bumps when she closes the medicine cabinet in the bathroom. I know these are people trying to have a good time; I laughed once

at an inappropriate time in a theatre and felt terrible, so I get it. But this was not one person, it was a few groups of people and they were feeding off each others' ridiculous behaviour.

I wish people would please take their feet off the chairs in front of them if someone is sitting there, eat quietly, talk softly, make out at home, turn off their phones and just watch the movie.



## The spirit of giving all year round By Priscilla Bartleman



The holiday season is gone and some people's spirit of giving has since diminished; understandably so, as their pocketbooks are lighter due to gift buying and other holiday festivities. Their kindness was appreciated, but some people may not be aware that the post-holiday season is just as important.

Donations after the holidays are very important because those in need also feel the holiday budget blues. Not having much to start with can be frustrating and when you celebrate the holidays with your family, it can cost more than you can afford.

After the winter break, children are going back to school and there is more need because of the added cost of school supplies, lunches, transportation and clothing. There is also the oft-forgotten family members: animal companions. Donations like pet food, litter and other things for pets are happily accepted by most places. There is also a need for baby items such as diapers, formula (unopened of course), baby food, and baby furniture. I don't know what it is about the parenting cycle, but it seems to me that many births happen after Christmas.

There are also places that accept donations of items that you may not think about donating. Hospitals accept books, magazines, board games, cards, VHS tapes, DVDs and clean clothing.

Donations are always appreciated by a variety of organizations. I think that it is important to remember that there are things out there that we take for granted, things that could be helpful for someone else and things that we can do to make a difference. The spirit of giving is not just because of the holiday season; I believe it is in our hearts and I also believe that it should remain all year round.



# Beware of hipsters!

By Garth McLennan



Once a year, student journalists from all over the country gather together at a national conference to share ideas and compare the quality of their newspapers. Well, I just got back from said conference and found in large quantities a group of people I'm sure that you've encountered during your post-secondary education: the hipster.

The student hipster has many easily identifiable qualities about him or her. First off, the chief requirement for any aspiring hipster is a passionate hatred of America. You should probably believe that Saddam really wasn't *that* bad as well. Also, you must think along the lines of the extreme left of the political spectrum. Usually, the typical student hipster will get very preachy and overly dramatic—particularly about politics. For example, whenever there is an election approaching, the student hipster should be regularly referring to anyone with a conservative thought pattern as a fascist or Nazi, and whoever is leading a right-leaning party will usually be known to fellow hipsters (and everyone else) as Hitler.

Environmental issues are also huge with campus hipsters. Aside from continually pointing out how green they are because they use biodegradable paper, young hipsters will routinely lecture people who really have no interest in their opinion about how driving a station wagon to school is single-handedly destroying the planet. Cycling is another common hipster trait. There is nothing wrong with hopping on the bike, but the average hipster insists on riding in the middle of the road during rush hour with a smug smile on their face.

Common to all hipsters as well is a love of indie rock that nobody has ever heard of. However, one sacrifice that you'll have to make if you want to join their ranks is that when your favourite Killers-wannabe indie band gets either signed or popular, then you are forbidden to like them anymore. In fact, it would probably be best if you began calling them sellouts and referring to their fans as poseurs.

On the education front, if you want to be a hipster, you should almost always

call your professors by their first names—even if nobody else does—take obscure philosophy or environmental issues courses and generally stay in college or university many years more than other students. All of your studies should be conducted with an Apple computer, and scolding looks should be shot at anyone with a PC.

Politically themed shirts are popular hipster options as well. If you wear articles of clothing insulting Israel, have an American flag with a Swastika covering it or talk about how great communism is, then you're doing great. When someone asks you about such clothes then you're required to rant for a minimum of twenty minutes about how capitalism is destroying the world, America created terrorists and how Hamas really are the ones to lead Palestine.

The most important aspect of a hipster's attire has to be sending a political message. For the male hipster, Cuban-themed revolutionary caps with red Soviet stars on them are a popular choice, while their female counterparts can often be seen wearing knee high socks in colors that don't match. A purple or pink streak should be seen in her hair while a smug know it all attitude is a must.

Attention seeking '80s themed shirts are optional for both sexes. Either way, they should be unnaturally tight and feature *Transformers* or *Teenage Mutant Ninja Turtles* pictures. Also, informing anyone with more money than you of your own crippling financial problems is another popular choice.

While there are many essential things to remember, overall being a student hipster really isn't that difficult. The baseline that you have to remember above all else is that anyone who votes to the right is evil and if they don't agree with you about anything then making a scene, yelling and telling everyone about how horrible it is that they don't agree with you is completely warranted.



# Weddings: a culture-bound obsession



**Chloé Bach**  
arts & entertainment editor

**W**hen I was little I dreamed about having a horse, meeting Justin Timberlake and probably being a veterinarian. In fact, I have absolutely no recollection of planning or pouring over every minute detail of my one-day wedding.

A wedding was something my parents had once or a special event where I was asked to sprinkle flowers down an aisle, but mostly it was a distant, foreign event that was overshadowed by the follies of childhood. I even remember that for some time I would declare to my parents that I would never get married and never wanted a child of my own when I could simply adopt. It's that simple, right?

What piqued my interest in this social phenomenon of sorts is the buzz surrounding the newly-released film *Bride Wars* starring Anne Hathaway and Kate Hudson. Recently, I have watched these stars promoting their new film and have been dumbfounded by the response of some (but not all) women who end up publicly divulging their lifelong obsession with their own one-day wedding.

For example, just the other day, while watching MTV, VJ Dan Levy mentioned that his younger sister has had a scrapbook of wedding ideas since she was just a little girl, including dress ideas, flower preferences, ideal locations and so forth. Maybe I'm weird or way off but I'd be lying if I said I didn't find this adult-focused fascination strange for a child of almost any age.

It is not only the release of this movie that stimulates the "crazy bride" gene in women but also the frequent release of wedding movies in general (*27 Dresses* is another culprit). In truth, wedding movies are seemingly strategically released every January... you know, after an excruciatingly romantic holiday season when many people decide to take the plunge. In anticipation of their own looming "big day," brides-to-be hit the theatres en masse to rabidly watch portrayals of women turning into psychopaths over this one special day.

In the upcoming *Bride Wars*, these women are portrayed as having spent their whole life working towards their wedding day and go to unrealistic and ridiculous

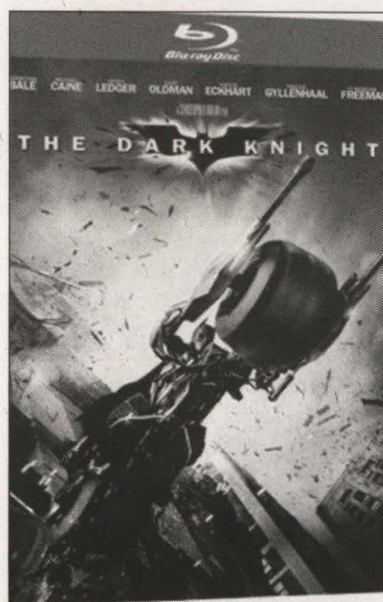
lengths to ensure its perfection. Ruining your best friend's hair or skin right before their nuptials and then tackling them on their way down the aisle over a date and location is absolutely asinine. And while I do understand it is intended to be funny, in my mind, it just seems to perpetuate an unhealthy modern-day obsession with this important event. Weddings are not the be-all, end-all of a woman's life. Not an intelligent one at any rate. This wedding-mania leads me to wonder what these bridal obsession movies do to the female psyche of all ages.

I am by no means suggesting people should aim to have a sloppy, random wedding or not plan it at all, but this Hollywood-embellished desire that women are subjected to from a young age is just not healthy, not to mention mildly insulting. Plus, it freaks men out. It's true, ask a few.

Either way, I will probably see *Bride Wars* eventually because I do love Anne Hathaway and also because I trust that I am stable enough to take it with a grain of salt. You know, able to separate reality from fiction. And even if it does turn me into some wide-eyed, obsessive, wedding-crazy "bridezilla," I can guarantee my best friend's hair, skin tone and physical well-being will never, ever be threatened.



## POP CULTURE PURCHASES

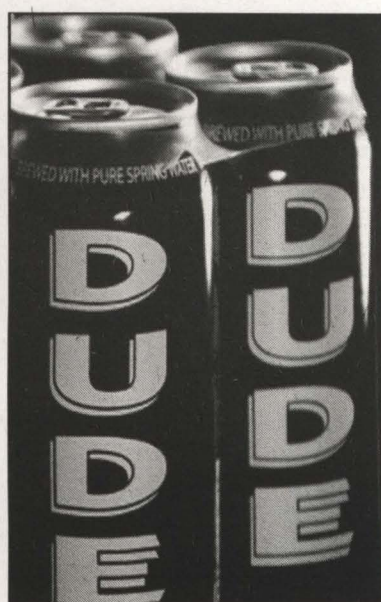


### The Dark Knight

Warner Bros.

The biggest blockbuster of 2008, *The Dark Knight* was released on Blu-Ray and DVD just before Christmas in several different versions. After smashing box office records during its run in theatres, *The Dark Knight* became this year's "it" gift for the Christmas season. Directed by Christopher Nolan, *The Dark Knight* is the latest installment of the re-launched Batman franchise. Starring Christian Bale, Heath Ledger, Gary Oldman, Maggie Gyllenhaal and Aaron Eckart, *The Dark Knight* is one of the best, and most action-packed movies of all time. It follows Batman's war against crime in Gotham City and the introduction of his greatest foe in the comics, The Joker. Heath Ledger, who passed away shortly after filming was completed, has been lauded as the primary reason for the movie's success and is a possible nomination for best supporting actor at the Oscars. If you buy any DVD in 2009 make it *The Dark Knight*; it's one of the best films you'll ever see.

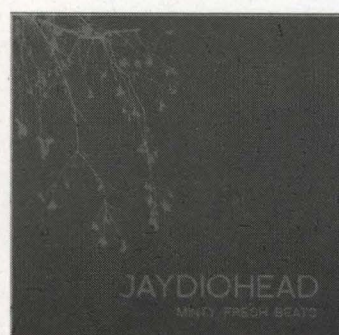
—Garth McLennan



### Dude Beer

This beer is an amazing example of how good branding adds to the consumer experience in mystifying ways. If you think soberly about it, there's really no connection between the label on the bottle and the liquid inside. Molson Canadian would taste the same if it was made in America. Granville Island beers would taste the same if they were made in Port Coquitlam. And Dude Beer would taste the same if it were called "You're An Idiot If You Buy This Beer." Yet, despite being overpriced and tasting pretty nasty, having a party where you get drunk off Dude Beer is hilarious. Are we just suckers for a name? Is it that easy to take advantage of our need to identify ourselves based on the products we purchase? It's sad to think that the answer to those questions might be yes, but at least time this we can blame it on the fact that we're drunk. Bottoms up!

— Chloé Bach



### Jaydiohead

Minty Fresh Beats

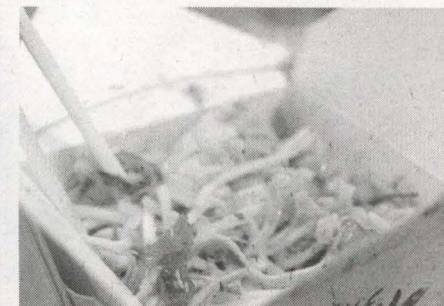
Jay-Z's raps have been mashed up with several bands before, most famously with The Beatles on *The Grey Album* and with Linkin Park on *Collision Course*. So combining him this time with Radiohead isn't the most original idea, but it definitely works when done this well. Jay-Z's raps are already epic, but blending them with familiar Radiohead songs like "Karma Police," "Paranoid Android," "15 Step" and more of their best tracks from recent years is a combination that just explodes out of your speakers. The timing is perfect too, as both acts haven't put out a new album in over a year, so right now dedicated fans are hungry for more. Already this album has become an internet sensation, and rightfully so. It's available as a free download on at jaydiohead.com. I'm not particularly fond of mash-ups in particular, but this album, done by someone who is obviously a big fan of both acts, brought me a new appreciation for the songs that were used on it. It cuts out most of Thom Yorke's vocals, leaving just Radiohead's music for Jay-Z to bust his rhymes over. The matching of moods between Jay-Z's lyrics and Radiohead's beats is amazing, especially the combination of "Optimistic" with "Moment of Clarity" to create "Optimistic Moment." "Dirt Off Your Android" is a ridiculous name for song, but the track is killer. There are a few songs where the presence of Radiohead is too much in the background, but aside from that this album is the bomb.

—Mark Fisher

## The Noodle

### Box

By Leah Giesbrecht



Slurp some fire into the icy, slushy days of winter with a meal from The Noodle Box. Located at 1867 West Fourth St. in Kitsilano's trend-of-the-moment shopping district, The Noodle Box dishes out spicy, mouth-watering Southeast Asian food. Offerings include rice dishes, curries, soups and tasty concoctions featuring udon, egg or rice noodles. Most menu items include fresh Asian greens, crunchy bean sprouts, fresh, aromatic herbs like cilantro and a wedge of sour lime.

Each dish can be made with your choice of tofu, pork, chicken or prawns. You can also choose the level of heat your dish is made with, from mild to meltdown hot. Be careful, a meal made with a medium level of spice will usually start eyebrows sweating and noses sniffing. Prices range from around \$10 to \$15.

The Spicy Peanut Box is a perennial favourite and its intense, fragrant flavours are a good way to wake up taste buds over-saturated with stodgy holiday fare. The dish, based on thin egg noodles coated in a garlicky, gingery peanut sauce is crunchy, creamy, savoury and satisfying. Mixed in are slices of red pepper, bok choy, bean sprouts, cilantro, crushed peanuts and deep fried green onion. Prawns make a great accompaniment.

Another good choice is the Thai Tom Yum Soup, which is hot, sour and refreshing. Made with rice noodles, it contains mushrooms, peppers, greens, sprouts and fresh herbs. Served with tofu, this is the type of meal that leaves you feeling nourished and energized.

The Noodle Box has booth and bar seating; from the bar, you can watch the chefs tossing your meal in a sizzling wok atop the flaming gas range. There is no table service, but orders are placed with and called out by the cashier. With high ceilings, concrete floors, and a great mix of music played at a volume that makes the windows shake lightly, this is a hip, lively place to catch a quick, delicious meal.

Fork This

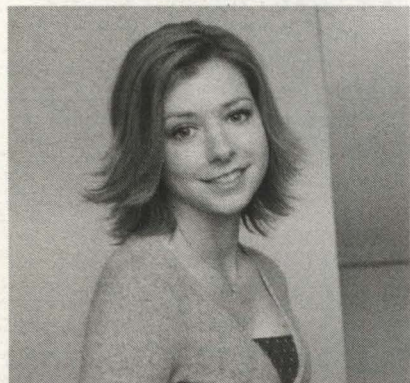
4 out of 4 forks





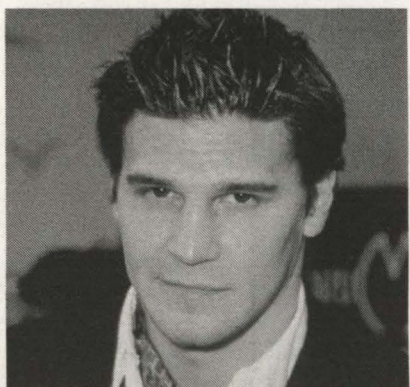
# Whatever happened to the cast of *Buffy the Vampire Slayer*?

By Garth McLennan



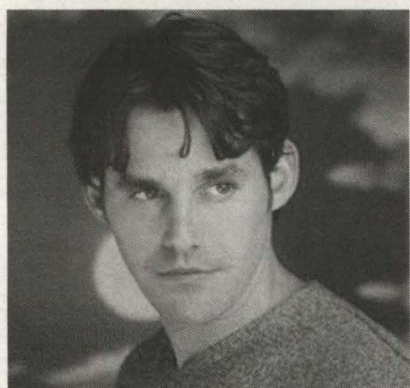
## Alyson Hannigan

Starring as *Buffy*'s best friend Willow Rosenberg, 34-year-old Alyson Hannigan, aside from the *American Pie* series hasn't been able to translate her television success to big-time film productions. Since the conclusion of *Buffy*, Hannigan has appeared sporadically in television shows such as *Angel* and *Veronica Mars* before landing a full time gig on *How I Met Your Mother* in 2005. In 2006, Hannigan had a role in the heavily-panned *Date Movie*. In 2003, Hannigan and fellow *Buffy* star Alexis Denisof were married in California. It was announced in October of 2008 that Hannigan was pregnant with the couple's first child. Unlike Sarah Michelle Geller, who has found moderate success in movies, even remote roles have usually eluded Hannigan. There have been talks about bringing the *Buffy* cast back together for a feature movie, and Hannigan has stated that she would be open to the project.



## David Boreanaz

David Boreanaz, 39, starred as *Buffy*'s vampire love interest Angel for the first three seasons of *Buffy the Vampire Slayer*. His character became so popular that he eventually was granted his own spin off show, *Angel*, which ran from 1999-2004. Almost immediately after *Angel* ended, Boreanaz took up the lead role of Special Agent Seeley Booth on *Bones*, where he still stars. His movie career hasn't been a smashing success and he recently completed a direct-to-DVD animated movie, *Justice League of America: The New Frontier*, where he played Hal Jordan, The Green Lantern. He also has a supporting role in the upcoming film *Our Lady of Victory*. Since *Angel* ended he has done some independent film work as well. Today, Boreanaz lives in California with his supermodel wife Jaime Bergman and their six-year-old son. He is an avid fan and booster of the Philadelphia Flyers and has been a major supporter of theirs for years.

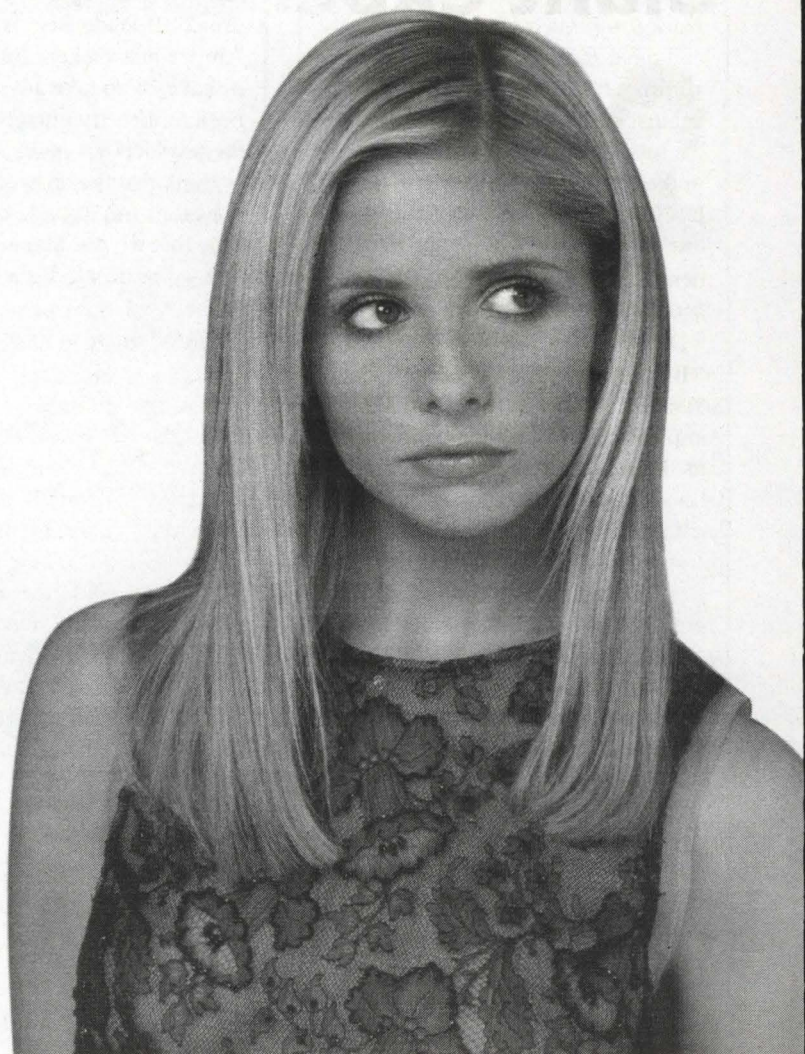


## Nicholas Brendon

After playing Xander Harris in the entire run of *Buffy the Vampire Slayer*, Brendon, 37, has done practically nothing since its conclusion. When *Buffy* ended in 2003, Brendon didn't appear in any films until 2007 when he co-starred in a minor independent film about Nazi mystics called *Unholy*. Once per year since 2003, Brendon appeared in little known guest roles on fringe television shows. In 2007, he and his wife of six years split up; while in 2004 he voluntarily entered rehab for chronic alcohol abuse. Despite a total lack of any significant film accomplishments since *Buffy*, Brendon has been extremely active in the Stuttering Foundation of America. He was the foundation's inaugural chairman, a post he held from 2000 until 2003. Brendon currently has nothing waiting in the wings and has said in recent interviews that if a *Buffy* movie were to get off the ground he would be willing to reprise his role as Xander.

## Sarah Michelle Gellar

The star of one of the most popular shows of all time, *Buffy the Vampire Slayer*, Sarah Michelle Gellar has had some trouble expanding out of the horror genre. She's starred in major horror flicks such as *The Grudge* and in 2002 married fellow actor Freddie Prinze Jr., whom she starred with in the *Scooby-Doo* and *I Know What You Did Last Summer* franchises. Now 31, Gellar has recently announced her decision to return to television with her upcoming starring role in a new HBO series called *The Wonderful Malady's*. Aside from her mildly successful movie career, Gellar has remained a major figure in Hollywood because of her reputation from *Buffy*. She's had a recurring role on *Robot Chicken*, created by former *Buffy* co-star Seth Green, and has made a cameo appearance on *The Simpsons*. She's graced the cover of *Seventeen* (six times), *Maxim Magazine* and in March 2008 she was the feature of *Gotham Magazine*. There have been rumors of a *Buffy* movie but so far those are still unconfirmed.





# Filatov sure to be top prospect



**Garth McLennan**  
sports editor

**T**he hockey world is looking at all the phenomenal Canadian players who lit up the recent World Junior Championships in

Ottawa, but one forward who solidified himself as one of hockey's best up-and-coming young players was Team Russia captain Nikita Filatov.

While the focus of the tournament has been on Canada, Filatov was the driving force behind Russia's bronze medal finish. He was by far the most offensively dynamic and exciting player in the tournament, and he had an interesting route to get there.

A native of Moscow, Filatov was selected sixth overall by the Columbus Blue Jackets in the 2008 NHL Entry Draft. He was heralded as one of the draft's most talented and gifted players, a reputation based on his tremendous statistics with CSKA-2 Moscow of the Russian Junior League. In 34 games last season, Filatov put up 32 goals, 34 assists and 66 points while also displaying a gritty side with 90 penalty minutes. In the junior league playoffs, he scored an incredible 14 goals and 23 points in 11 games.

Columbus quickly snapped him up and he made their team directly out of training camp this year. The problem was that he was already under contract with a Russian KHL team. Displaying the brashness of a future star and leader, Filatov proclaimed that he wanted to play in the best league in the world, so he left Russia and came to Ohio, causing the entire Russian super league to go berserk in protest.

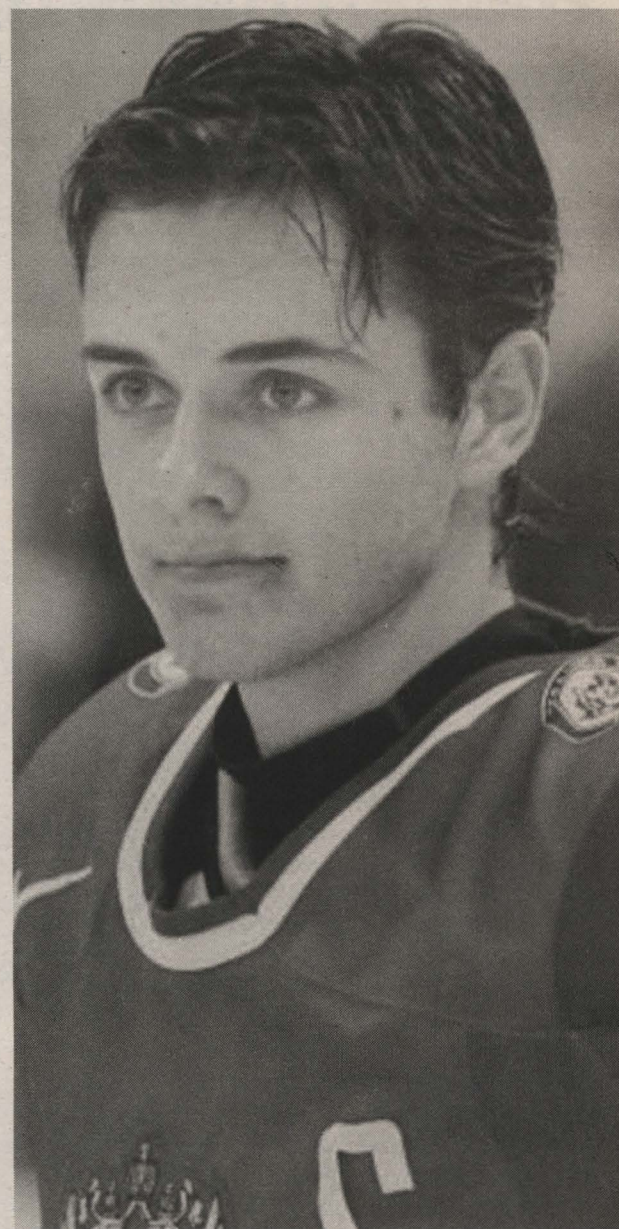
Filatov started off with a bang, scoring his first

goal in his first game off of his first shot against the Nashville Predators. He only lasted four games before being sent to the Syracuse Crunch for seasoning, but he's scored up a storm down in the AHL since.

In a surprising move, Columbus released Filatov—who is only 18—to play for Russia at the WJC's. Most NHL clubs point-blank refuse to allow their junior-aged prospects to play in the World Juniors if they have already gone professional.

So Filatov went to play for Russia, and it was a good thing he did. Along with winning bronze, Filatov tied for the tournament lead in goals with eight while also adding three assists for 11 points in seven games. He was an absolute whirlwind on the ice, and as a wizard with the puck. Very few players could match his breathtaking end-to-end rushes and electric goals where he would often pick the corners.

Filatov was a true sniper in Ottawa and almost knocked Canada out in the semi-final game on his own. Columbus received solid proof that they have a top-flight, all-offence future star in their system.



# Giant experience for Kane



**Garth McLennan**  
sports editor

**T**his World Junior tournament may have been about Canada's five-straight gold medal wins, the evolution of John Tavares or the

emergence of Cody Hodgson, but for Evander Kane, it was all about the experience.

Kane, 17, plays for the Vancouver Giants of the WHL during the season. Along with goalie Tyson Sexsmith, Kane was invited to Team Canada's training camp and the two of them were among the team's final cuts. However, when forward Dana Tyrell went down with a season-ending knee injury, Kane was called back and informed that he was coming to Ottawa with the rest of Team Canada U-20 squad.

Kane has been dynamite for the Giants this year, which is also his draft season. Heading into the World Juniors, Kane was sixth in WHL scoring with 22 goals and 26 assists for 48 points in 28 games with 45 penalty minutes. To open the season, he notched at least a point in the first 21 games before going down with a knee injury for a few games.

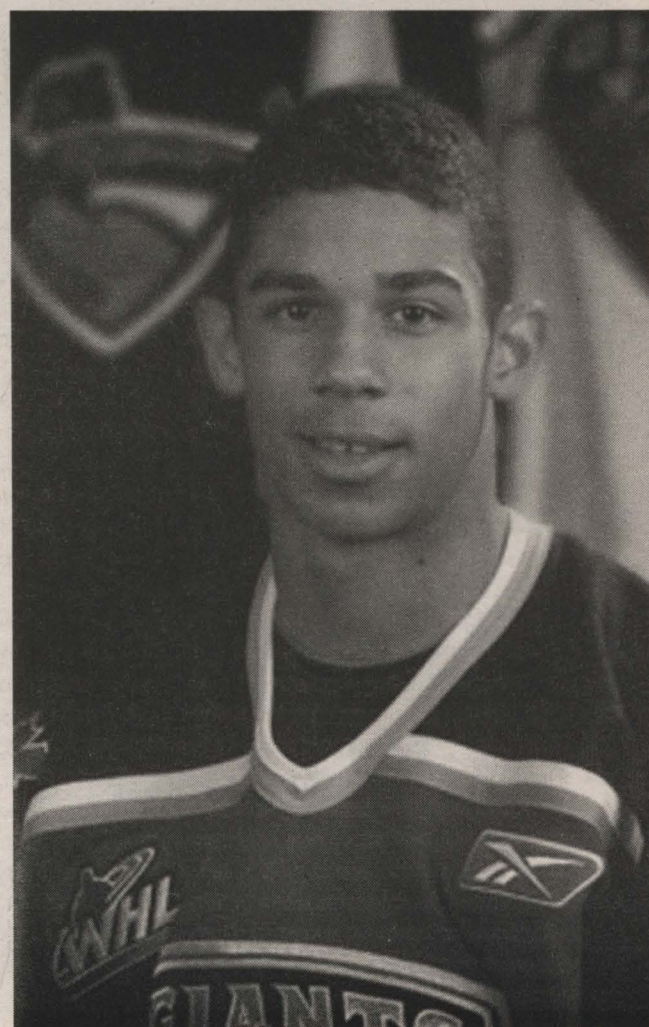
In Ottawa, Kane had to adjust his role. With a team loaded in the firepower department, Kane skated on the team's fourth line and excelled in a checking, shutdown role. He killed crucial penalties throughout the tournament and finished with a pair of goals and

four assists.

Kane is ranked eighth in the NHL's 2009 Entry Draft and could possibly crack the top five. His development with the Giants has been rapid over the past three years and he's arguably the best forward available from the WHL for his draft class.

These recent World Junior games are extremely valuable for the development of young players and for where they'll fall in the draft. No event is scouted more heavily than the World Junior Championships and Kane without a doubt boosted his stock. In limited ice time he managed to score six points and help shut down the other team's top lines. That proves to scouts and GM's in attendance that he has the diversity to be successful as both a strong scoring and checking forward.

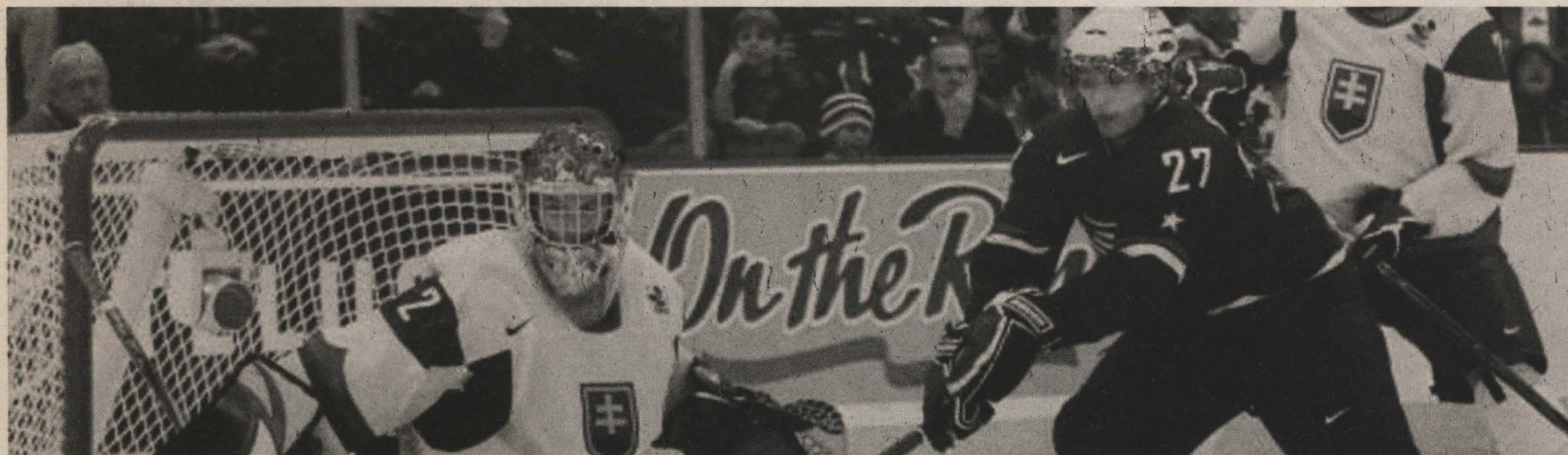
Kane is eligible for the next two WJC events and if he plays in both he'll definitely be thrust into a much more glamorous and prominent role. With Tavares, Hodgson and possibly Jordan Eberle all playing pro, and therefore likely missing the tournament, Evander Kane could be the guy that Team Canada's brass turns to in order to fill the void.





## Hidden gems get exposure

By Garth McLennan, Sports Editor



One of the greatest parts of the World Junior Hockey Championships is that it gives relatively unknown junior players a chance to shine when the bright lights are on. Most of the spotlight is devoted to the young Canadian stars who continue to deliver in such a pressure-packed environment, but the World Juniors over the years, and in this tournament especially, provide a possible launching pad for often-skilled European and American players who wouldn't otherwise get the exposure of most Canadian Major Junior players.

This year the surprise team of the tournament was the Slovakian side. The Slovaks were a pretty bland team on paper heading in, but downed the mighty United States 5-3 in a monumental upset. They gave Sweden all they could handle in the semi-finals but eventually the odds won out. Still, the outstanding play of goaltender Jaroslav Janus and Tomas Tatar over the course of the event pretty much guaranteed that they'll be drafted in June when the NHL holds

their annual selection process.

Janus was the story of the tournament until the gold medal game. Playing for Slovakia, he was often woefully overmatched, but managed to be the driving force for the under-dog team of the competition. While his numbers weren't terrific, that was due mainly to the fact that he was facing the best shooters of teams like the USA and Sweden most of the time and routinely received in excess of 30 shots per game. While Sweden attacked in waves during the semi-final game, Janus kept his team in the game, and was named to the tournament all-star team after Canada claimed gold.

Without a doubt, Janus vaulted up the draft day ladder with his performance in Ottawa. The World Juniors are the most heavily scouted hockey games in the world and Janus succeeded in putting on a show for the whole world to see.

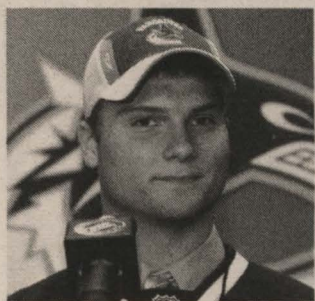
While Janus was unquestionably the brightest star for Slovakia, someone had to score all their goals, and that ended up being Tomas Tatar. Despite

standing just five feet and nine inches and weighing 176 pounds, Tatar was arguably the top forward of the tourney considering the players he had to work with. Tatar wound up second in goals with seven, more than any Canadian except John Tavares, and displayed incredible clutch play in virtually every game—particularly against the United States in the quarterfinals—when he scored twice in the historic upset. Like Janus, Tatar is up to be drafted this summer and scouts will surely be looking closer at his Slovak Junior league statistics, where in 2006-2007 he scored 33 times and posted 77 points in just 48 games while being a remarkable +66.

These are two guys that wouldn't have been anywhere near NHL scouting radar without the WJC. It's one of the many cool stories that have played out and given talented but unheralded players a real chance to prove themselves.

## Canucks, and all of Canada, have a beauty in Hodgson

By Garth McLennan, Sports Editor



If there were any lingering doubts that the Vancouver Canucks made the right move on NHL draft day 2008 by choosing Brampton Battalion star Cody Hodgson tenth overall, there isn't any now.

Team Canada just completed their historic "Drive for five" by defeating Sweden for gold at the 2009 World Junior Ice Hockey Championships and Hodgson was a major reason for the success.

After years of drafting futility and dashed expectations when it comes to drafting players, the Canucks can now say that they have one of the game's best young players in their system. Hodgson, who last year had 85 points in 68 games playing for Brampton of the OHL, led the entire WJC in scoring with 16 points, one more than super-prospect John Tavares. He finished with five goals and 11 assists in six games and was decorated as a tournament all-star, along with Tavares and Russian sniper Nikita Filitov at forward.

While Tavares was named MVP, that honour should have gone to Hodgson. Throughout the World Juniors—which is one of the most prestigious, pressure-packed sporting events in the world—Hodgson stood out in every single game. Every one. He was dominant offensively and defensively; he finished with a very strong +8; he won key face-offs and was the tournament's best center man. Canada's head coach, Pat Quinn, rode the top line of Hodgson, Tavares and Jordan Eberle hard, and they answered the call every time.

Hodgson, who now has gold medals for representing Canada at the world U-17's, U-18's and World Junior U-20's, was picked for the team, and by the Canucks, for his tremendous leadership abilities and clutch play—both of which were on full display in Ottawa. In front of the largest crowds in World Junior Championship history, Hodgson served as an assistant captain for Canada and played his best in the biggest games.

On New Year's Eve, with Canada down 3-0 in the first period in their first real test of the tournament against the United States, Hodgson assisted on the first two Canadian goals before scoring the tying one

himself on the way to a huge 7-4 Canadian win that guaranteed Canada a bye into the semi-finals.

Against Russia in the semis, where Canada won a classic 6-5 in a shootout, Hodgson may only have put up one assist, but he had five shots on goal and was a force at both ends of the ice. He was arguably the top Canadian in overtime, where he won key face-offs and was a monster in his own end.

In the gold medal game against Sweden, Hodgson was Canada's best player. He assisted on the opening goal and scored two others while playing his usual dominant game.

He now heads back to the Battalion where he already has an eye-popping 20 goals, 22 assists and 42 points in just 23 games. There is a very strong possibility that Hodgson, 18, will be centering Vancouver's second line next season. Nobody wants to count their chickens before they hatch, but right now, it looks like the Canucks may have landed the steal of the 2008 Draft. Look out for this kid; he could easily be the franchise in years to come.



## BCCAA Scoreboard Friday, January 9, 2009

W = 2 Points L = 0 Points

### Men's Basketball

	GP	W	L	PTS	PF	PA	+/-	Home	Away
1. Vancouver Island University <b>Mariners</b>	6	6	0	12	509	402	+107	4-0	2-0
2. UBC-Okanagan <b>Heat</b>	5	5	0	10	369	348	+21	2-0	3-0
3. Kwantlen Polytechnic University <b>Eagles</b>	7	4	3	8	576	542	+34	3-0	1-3
4. Capilano University <b>Blues</b>	5	3	2	6	450	432	-18	2-1	1-1
5. Columbia Bible College <b>Bearcats</b>	6	3	3	6	438	489	-51	2-1	1-2
6. Douglas College <b>Royals</b>	6	3	3	6	497	497	E	1-2	2-1
Langara College <b>Falcons</b>	7	3	4	6	469	514	-45	1-2	2-2
UNBC <b>Timberwolves</b>	6	2	4	4	459	448	+11	1-2	1-2
Camosun College <b>Chargers</b>	6	1	5	2	438	443	-5	1-3	0-2
Quest University <b>Canada Kermodes</b>	6	0	6	0	428	518	-90	0-2	0-4

Fri. Jan. 9  
Quest 62 Langara 71  
CBC 61 Kwantlen 75  
UNBC 103 Douglas 73  
UBC-O at Capilano

Sat. Jan. 10  
VIU at Camosun  
Quest at Langara  
CBC at Kwantlen  
UNBC at Douglas  
UBC-O at Capilano

### Women's Basketball

	GP	W	L	PTS	PF	PA	+/-	Home	Away
1. Camosun College <b>Chargers</b>	6	6	0	12	461	247	+214	4-0	2-0
2. Capilano University <b>Blues</b>	5	5	0	10	385	206	+179	3-0	2-0
3. UNBC <b>Timberwolves</b>									

Fri. Jan. 9  
Quest 43 Langara 72  
CBC 54 Kwantlen 88  
UNBC 64 Douglas 48  
UBC-O at Capilano

Sat. Jan. 10  
VIU at Camosun  
Quest at Langara  
CBC at Kwantlen  
UNBC at Douglas  
UBC-O at Capilano

## Tavares vs. Hedman

By Garth McLennan, Sports Editor

One of the biggest questions at this year's upcoming NHL entry draft will be who will be selected first overall: John Tavares or Victor Hedman. After Canada's historic performance at the 2009 WJC's, Tavares solidified his spot.

Throughout the tournament, Tavares, who is ranked as the number one North American skater heading into the draft, was all over the ice for Canada, making plays, throwing checks and dazzling the NHL scouts who have been drooling over him while he's toyed with the rest of the OHL for the past four years. Tavares tied for the tournament lead in goals with eight and finished second in scoring with 15 points. With 12 career goals at the WJC's, he is now tied as Canada's all-time leading goal scorer. He scored a hat trick the opening preliminary game against the Czech Republic and notched the shootout winner in the nail-biting semi-final game against Russia, where he also assisted on the goal that sent the game into overtime.

Tavares is just 18, but already had a gold medal

at the WJC from 2008. He's also been playing for the Oshawa Generals in Major Junior's Ontario Hockey League since he was 15, where the league created a special rule to allow him to play at such a young age. Two seasons ago he lit up the rest of the circuit with 134 points, including 72 goals, in 67 games and was named the MVP of the CHL. Last season, his numbers dipped to 118 points with just 40 goals, but that was attributed largely to boredom. So far this year he has 25 goals and 52 points in 31 games on a terrible Oshawa squad.

Meanwhile, Victor Hedman, who is also 18 and ranked as the number one European skater for the draft, more than caught up to Tavares with his play in Sweden. At 6'7", 230 pounds, Hedman is a monster of a defenseman. Last year, he more than held his own in the Swedish Elite League as a 16 and 17-year-old playing against men. Outside of the NHL, the Swedish Elite League is considered to be one of the top circuits in the world. With Tavares' stock slipping a bit and Hedman's soaring after his strong play in the

Swedish league and tremendous international outings for Sweden, including a silver medal effort at the 2008 WJC where he was named to the all-star team, the two looked pretty even heading into this year's tournament.

However, while Tavares excelled, Hedman struggled a bit. Tavares was named the tournament's top forward and MVP and also put on the all-star team, while Hedman received no awards and had just two assists in six games. Now, Hedman was still a +4, but he really missed the opportunity to show the world how good he can be. In the gold medal game, with the whole world watching, Tavares and Hedman squared off against each other and while Tavares starred—just as he did all tournament—Hedman gooned it up by head-locking Angelo Esposito and earning massive boos whenever he touched the puck.

It's a shame that we didn't get to see how good Hedman can be. Fortunately though, we did get to see the best of John Tavares, and that's a good enough show for anyone.

## Team USA disappoints at World Juniors

By Garth McLennan, Sports Editor

California native Jonathan Blum may be leading the Vancouver Giants to one of the best records in the Western Hockey League (WHL) but serving in the same capacity for the United States during the 2009 World Junior Championships (WJC) in Ottawa, Blum and the entire American squad grossly failed to live up to expectations with a disappointing fifth place finish.

The American squad was loaded with star power; there was the 19-year-old Blum, who, aside from being one of the best defensemen in the WHL, was also a 23<sup>rd</sup> overall first round draft pick by the Nashville Predators in 2007; also appearing was second overall pick of the NHL's 2007 Draft James vanRiemsdyk, who led the 2008 WJC in scoring; and defensive studs Kevin Shattenkirk and Ryan McDonagh. Heading into the tournament, America was primed to win its first medal since bronze in 2007. They weren't expected to have the depth of Sweden,

the attacking power of Canada or the dazzle of Russia, but they were expected to be a strong medal contender.

Contrary to what almost everyone predicted however, the team tanked. After starting out strong with big wins over Germany and Kazakhstan, The U.S. lost a heartbreaker to Canada on New Year's Eve, 7-4. After romping out to a seemingly unbeatable 3-0 lead in the first period, Canada, led by superstar John Tavares, stormed back and eventually overwhelmed the States in one of the year's best and most entertaining hockey games.

While the sport of hockey itself couldn't have asked for a better showcase to the world, the loss clearly demoralized the USA. After losing to Canada, they dropped the next game two nights later in one of the biggest upsets in years. The underdog Slovaks defeated the USA 5-3 in a game that plain and simple, they weren't supposed to win. Led by tournament all-star goaltender Jaroslav Janus, Slovakia managed

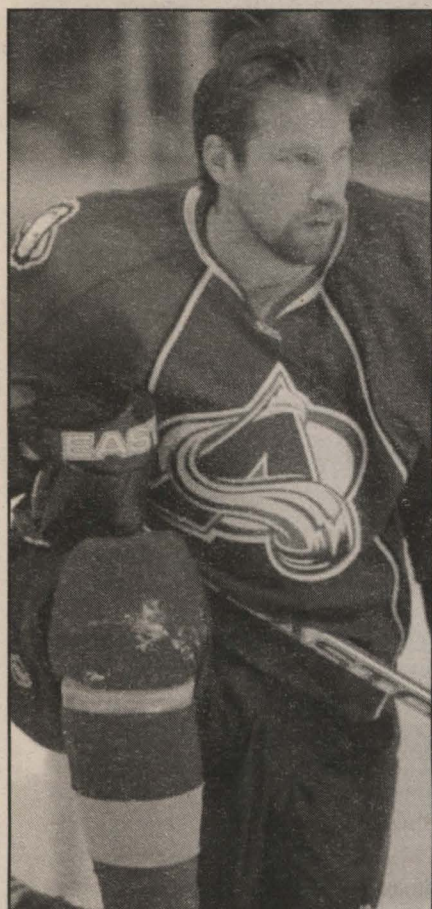
to escape with a win despite being outshot 47-19. Knocked out of the quarterfinals, the US were down to playing the lowly Czech Republic for fifth place, where they managed to squeeze out a 3-2 win.

Overall, the World Juniors had to be a crushing event for Blum. In 28 games with the powerhouse Giants, who can make a legitimate claim as the best junior club on the continent, the hard-shooting Blum had racked up 44 points and 14 goals, astonishing statistics for a defenseman. In September and October of this season, he was named player of the month for the entire WHL.

At the World Juniors, Blum himself didn't play poorly at all. In six games with the USA he scored twice and added two assists for four points. Not outstanding numbers, but when you consider the relatively poor play of his teammates, it's tough to place much of the blame for the team's performance on Blum.



## Where are they now? World Junior Championships Edition



### Peter Forsberg

Peter Forsberg, 35, may be best known as "Peter the Great" for his tremendous NHL play, but he first earned the name for his record-setting production in the World Junior Championships for Sweden. Forsberg suited up for the Tre Kronor twice in the WJC's, and the first time, in 1992, he put up three goals, eight assists and 11 points in eight games. The next year, however, he solidified himself as one of the best young players of his generation when, in seven games, he scored seven times and added an astonishing 24 assists to bring his tournament totals to 31 points. His 42 all-time points at the WJC are the highest ever.

Today, Forsberg is currently an unrestricted free agent. After signing late in the season with the Colorado Avalanche and helping them mount an unsuccessful playoff bid, Forsberg suffered the latest of a string of injuries that have plagued him throughout his career and are the reason why he isn't included in talks about the best player ever.

After the recent signing of Mats Sundin, Forsberg has said that he wants to return to the NHL once again if he can solve his ongoing foot problems.



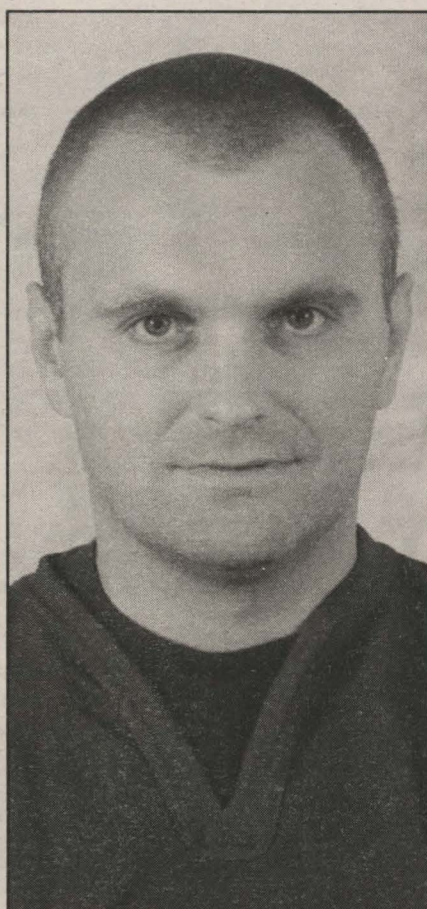
### Justin Pogge

The World Juniors has a tendency to turn young Canadian goaltenders into superstars and help launch their careers, and for the Toronto Maple Leafs' 22-year-old 3<sup>rd</sup> round, 90<sup>th</sup> overall 2004 draft pick, Justin Pogge, it was no different.

Pogge played lights-out hockey for Team Canada at the 2006 World Juniors. He set a tournament record with three shutouts and posted a sterling 1.00 GAA with a tournament leading .952 saves percentage. In the gold medal game against Russia, Pogge sparkled in a 5-0 Canadian win where he made 35 saves. For his efforts, he was named the tournament's MVP, top goalie and to the all-star team.

He would go on to win the CHL goalie of the year award with his major junior club that same year and suit up for Canada once more in the 2006 Spengler Cup that summer, winning silver.

Pogge has been playing with Toronto's AHL affiliate, the Toronto Marlies since turning pro in 2006-2007. On December 21<sup>st</sup>, 2008, he played his first ever NHL game, posting a 6-2 win over the Atlanta Thrashers and giving the Leafs some hope in net.



### Robert Reichel

The second all-time leading scorer at the WJC, former Toronto Maple Leaf, Robert Reichel, 37, was another player to light it up at the World Junior Championships. Playing for his native Czechoslovakia in three separate tournaments, Reichel racked up 40 points overall in the '88, '89 and '90 WJC's, including a phenomenal effort of 21 points in the '90 contest alone. At that event, Reichel was named the tournament's top forward and made the all-star team.

After a relatively undistinguished NHL career with average stints in Calgary, New York, Phoenix and Toronto, Reichel returned to the Czech Republic to play in the Czech Elite League with HC Litvinov, where he has now been for five seasons and serves as team captain. In 187 Czech League games prior to the beginning of this season, Reichel has put up totals of 69 goals, 73 assists and 142 points while remaining a solid plus player.

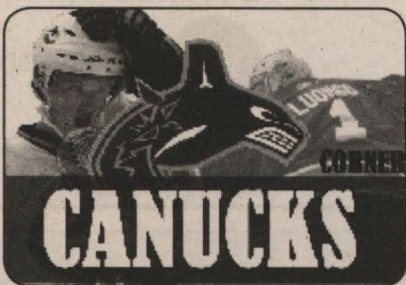


### Vladimir Ruzicka

Tied for third overall in all-time WJC scoring with 35 points total, former Czech star, Vladimir Ruzicka, 45, is also second in all time goals with 25, set between 1981 and 1983. His 20 points in 1983 are good enough for the fifth best mark of all time, while the 12 goals that he potted that year are worthy of second place in the history books, behind only Markus Naslund's 13 set 10 years later in 1993.

Like a lot of players, Ruzicka's astounding success at the World Junior level didn't exactly translate over to NHL stardom. He played five years in the NHL with the Edmonton Oilers, Boston Bruins and Ottawa Senators before departing from North America for good to play in the European leagues, primarily in the Czech Republic. He was a part of the historic Czech team that captured gold at the 1998 Winter Olympics in Nagano, and in 2000 retired from playing before taking up coaching, where in 2002-03 and 2007-08 his HC Slavia Praha teams won the Czech Elite League title.





## LaBarbera brought in as Sanford goes down



**Garth McLennan**  
sports editor

If, at the beginning of the 2008-09 NHL season, you asked most Vancouver Canucks fans what was their team's strongest area, the answer would be, 99 times out of 100, goaltending. Vancouver has one of the top three goalies in the world with Roberto Luongo, right? And a pretty

solid backup in Curtis Sanford in case anything should happen, so everything is great in the crease isn't it?

Well, by the looks of things right now, everything *isn't* great, but Canucks' general manager Mike Gillis is taking proactive steps to fix the gaping hole in net. With Luongo out indefinitely with a groin strain and only recently having returned to practice for light skating, all eyes in Vancouver turned to Sanford and top first round prospect Cory Schneider to hold down the fort until Luongo returns.

It seemed like a solid plan. Sanford would finally be given a chance to play quality minutes while the team would get a good, long look at Schnieder, who has been tagged with the "goalie of the future" label since being drafted in the first round, 23<sup>rd</sup> overall, of the 2004 NHL Entry Draft. Well, Sanford, after a few tough outings, had finally turned into a solid, dependable goaltender. After shutting out the Ottawa Senators in a spectacular effort, the worries of most people were alleviated, especially with Schneider not exactly lighting the world on fire. Despite being the best goalie in the American Hockey League with Vancouver's AHL affiliate, the Manitoba Moose, he's been shaky at best.

Yes, everything seemed fine after that Ottawa game. Then, Sanford went down with the same injury that has been ailing Luongo—a groin strain. Almost immediately, he too was given the same status as Luongo of "week-to-week" when asked for a return timetable.

Schneider was given the game against Philadelphia by default when Sanford



suffered his injury early, and while the Canucks still lost, to be fair to Schneider, he was the team's top player.

Afterwards, Gillis went out and acquired goaltender Jason LaBarbera from the Los Angeles Kings, a goalie with quite a story of his own. LaBarbera has never really been given a chance to shine in the NHL, despite winning the AHL's top goalie award in both 2004 and 2007 and being named the AHL MVP in 2004 while setting the league single season shutout record with 13 in 2004. In both 2005 and 2007 LaBarbera won the AHL's Harry "Hap" Holmes Memorial Trophy for the best GAA in the league. In both 2004 and 2007 he was named to the AHL first all-star team.

Due to cap problems, he wasn't a fixture on the Kings roster and the Canucks were able to steal him for just a seventh round draft pick in 2009. Safe to say, that is easily one of Gillis' best moves yet.

In his first game with Vancouver, LaBarbera, 28, made 31 saves and stole the show against the Nashville Predators, leading Vancouver to a valuable 2-1 win. With LaBarbera playing so solid and Schneider looking like he's about to turn his game around, maybe Vancouver's problems in goal are over for a while.

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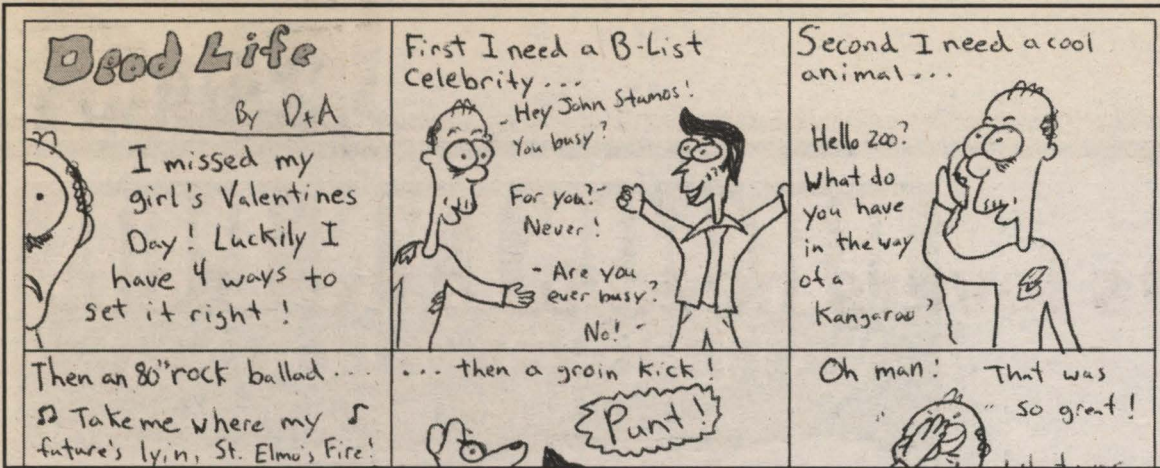
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Last Week's Solution

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2	5	9	4	6	1	3	8	7
9	4	1	3	7	5	8	6	2
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## No more snow?

# Why winter sports lovers need to care about the environment

By Leah Giesbrecht



Traveling up the mountain, every skier, snowboarder and snowshoer fantasizes about blinding white slopes, deep, fresh powder and icy mountain air. Imagine, then, arriving at the ski village and stepping into thick, brown mud; the surrounding slopes are not snow-covered, but green and wet under a drizzling grey sky.

Global warming has been accepted as reality. This reality means shorter, milder winters and less reliable snow. A 2003 United Nations study that focused on climate change in Europe, the US and Canada states that as soon as 2030, retreating snow lines will cut off base villages from their ski runs. Unless winter sports enthusiasts want to switch from snow sports to mud sports, they need to make a personal effort to care for the environment, reduce global warming and encourage the resorts they go to do the same.

Traditionally, the winter sport industry has not been environmentally friendly or sustainable. New chalet, lodge and ski run developments tear up forests and blast away rock on mountainsides, destabilizing soil and ruining animal habitat. Once established, these resorts use resources at an alarming rate. Ski lifts gobble up electricity, machines used to groom snow burn huge amounts of fossil fuels and hotels, restaurants and shops generate mountains of waste and use oceans of water.

Here at home, development at BC's top ski destinations continues to increase and spread. In 2008, the Resort Municipality of Whistler council stated that 60 per cent of Whistler's energy consumption is caused by building and construction. This growth continues, fuelled by the 2010 Olympics, while most winters the snow starts to fall later and later. In Elisabeth Rosenthal's *New York Times* article "How do you ski if there is no snow?" Arthur DeJong, Whistler Blackcomb Ski Resort's mountain planning and environment resource manager, said "We've been building lifts higher, in more snow-reliant zones to give us more stability." The article went on to say that "At the Whistler Blackcomb Ski Resort... glaciers are receding and good snow is found higher up the mountain than 10 years ago."

At Whistler, however, efforts are being made to reduce some of the negative environmental effects associated with the winter sport industry. Energy consumption is being lessened by using mountain snow runoff to produce some of the energy needed to run ski lifts. Vehicles are discouraged in Whistler's ski village, reducing air pollution, and there is a comprehensive public transit system in place. Whistler has also implemented a company car-pooling program. But in anticipation that snow and cold temperatures will become less reliable, the mountain is increasingly promoting summer sports like mountain biking, hiking and golf.

The biggest way snow lovers can make positive environmental change is connected to the sports they choose to enjoy. Snowshoeing has by far the fewest negative environmental effects; it is a winter sport that often requires burning no fossil fuels, since it can be done at lower elevations and frequently within walking distance of your back yard. It also requires consuming fewer products; aside from the shoes, no special gear is necessary. If you own the shoes and live near a park or mountain, it can be done for free.

While strapping on glorified tennis racquets won't replace the adrenaline rush from telemarking down a near-vertical slope any time soon, it provides the opportunity for a heart-pounding workout and the peace of traveling through pristine wilderness. Because snowshoeing is basically hiking through snow, your experience can be as challenging or as relaxed as you make it. You can take a stroll across a meadow or scale the side of a mountain. And if your need for speed won't go away, Atlas Snow Shoes designs its products to allow for quick, sliding descents down hills, similar to skiing.

Skiers, snowboarders and snowshoers are in an excellent position to be advocates for less wasteful, more environmentally conscious practices associated with the winter sport industry. On an individual level, repairing existing ski gear instead of buying new items is a good place to start, as is encouraging fellow skiers, boarders and snowshoers to carpool up the mountain. Choosing a sport that has fewer negative environmental effects, if only for a day, is also a starting point. If they want to increase their chances of seeing snow on the mountains, it is important that winter sports enthusiasts make more environmentally-conscious choices.

### Environmentally-conscious products for winter sports

1. New Zealand-based Kingswood Skis makes skis out of farmed bamboo and the skis are carbon neutral. The company also offers ski repairs to keep existing skis in use longer. To further reduce environmental damage, Kingswood combines all of its imported products into one annual shipment.
2. Teko EcoMerino Wool Ski Socks are winter sport socks made from sustainable merino wool and recycled polyester.
3. Ethica Terra Nova Ski Wax is petroleum-free ski wax.
4. ReHeater Heat Packs are reusable, non-toxic heat packs made from salt and H<sub>2</sub>O.
5. The Solar Ski Jacket by Zegna Sport features solar panels on a removable collar. The panels transform sunlight into energy for recharging portable devices like iPods, cellular phones or any device with a USB tap.

### Ways to make your winter sport greener

1. Reduce pollution by travelling to the mountain by bus, carpool or train. Most mountains offer a shuttle between towns at the base of the mountain and the ski area, so you can leave the car behind.
2. When staying at a hotel or resort on the mountain, re-use towels and linens, turn off the lights and heat when not in your room and use water conservatively.
3. When skiing, snowboarding or snowshoeing, stay on marked trails and within boundaries to minimize damage and disturbance to animals, vegetation and snow cover.
4. Repair your sports gear instead of buying new items.
5. If you ski or snowboard, consider cross-country skiing or snowshoeing for a day. These activities don't require graded slopes and ski lifts, which use fossil fuel burning equipment and large amounts of electricity.





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